

# 2024

## **FITNESS ADVENTURE TRIPS**



## Put your fitness to use and take the trip of the lifetime with PRO

We have new bucket list adventures for 2024! Explore the unexpected and come home feeling like you've done something amazing for yourself. Each trip is expertly planned and hosted by AdventureTripr and the experts from PRO Club.

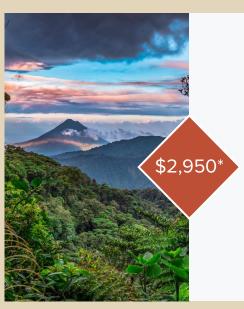


#### **Naxos & Crete Adventure with Carl Swedberg**

September 28, 2024 (8 days, 7 nights)

Over the course of this unforgettable journey, you'll explore the stunning landscapes, rich history, and delicious cuisine of these Greek islands. Highlights include cycling around the beautiful island of Naxos, ascending the highest peak in the Cyclades, Mount Zas, exploring the majestic Samaria Gorge in Crete, savoring the flavors of Crete with a farm-to-table culinary adventure, a boat trip to the picturesque Gramvousa Island, and basking in the sun and swimming in the crystal-clear waters of Balos Beach, a paradise nestled between two peninsulas.

This multisport journey promises an exciting blend of outdoor exploration, cultural immersion, and culinary delights, creating memories that will last a lifetime.



#### **Costa Rica Premium Adventure with Josh Fitchitt**

December 6, 2024 (9 days, 8 nights)

Costa Rica has it all, from virgin primary rainforests to active volcanoes and natural hot springs. It offers something for everyone! Costa Rica will please nature, wellness and adventure lovers.

If you want to explore the most beautiful destinations in Costa Rica while taking adrenaline filled adventures this trip is perfect for you. Volcanoes, waterfalls, cloud forest and beaches.

Highlights include whitewater rafting in Pacuare River, Granite Falls waterfall jumping, canyoning in Lost Canyo, hiking in the Arenal volcano area, a ziplining tour in Monteverde and snorkeling and surfing on Samara Beach.

### **Trip Details**



Naxos & Crete Adventure



Costa Rica Premium Adventure